

Mount Hira

Frequent Mountain Rescue Incidents!

Every year, many mountain rescue incidents occur in the Mount Hiei area.

For a safe and enjoyable hiking experience, use the following checklist.

- ☐ Do you have a realistic and manageable hiking plan?
- ☐ Do you have enough water, proper clothing, and equipment?
- ☐ Use hiking and mountain navigation apps.
- ☐ Check the latest weather forecast before heading out.
- ☐ Submit a hiking plan (trail registration / climbing notification).
- ☐ If necessary, call 119 while it is still daylight.
[119 = Fire, Rescue, and Ambulance services in Japan]

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